Instructions for precise measuring for Juzo® compression gloves

**Please note:**
- The patient’s hand must be free of oedema.
- For measuring please use a Juzo® measuring tape, Tyvek finger tape measure, finger ruler and a special pen for the skin.
- Please mark the measuring points with the special pen in the **palm of the hand**.
- Especially concerning the small circumferences of the fingers, the precision of measurements is a condition for good fitting. Please indicate the measurements **absolutely exactly**.
- In the case of a heavily oedematous forearm, we recommend selecting a lengthened glove (A-E) with a diagonal border.

**Length measurements** (fill in directly in the arrow line)

- **AB** = length measurement from the level of the small root of the finger to the metacarpus, measured in the palm of the hand.
- **AC** = length measurement from the level of the small root of the finger to the carpus.
- **CC'** = length measurement from carpus to the forearm – 6 cm for adults, for children shorter respectively.
- **CD** = if a longer cuff than "C'" is desired.
- **CE** = if required, e.g. in the case of a heavily oedematous forearm; ends approx. 2 cm below the elbow crease.
- It is recommended that the finger stubs do not end in a finger joint.
- The finger stubs should be at least 2 cm long so that they do not slide back into the wrinkle between two fingers.
- Please determine the lengths of the fingers from "CX" on to the fingertip or to the requested end with the finger ruler in the space between the fingers and fill them directly in the arrow lines.

**The length of the 4. finger has to be measured between the 3. and 4. finger.**

**Circumferences**

- **cA** = circumference in total from 2. to 5. finger, measured straight at the small finger basic joint.
- **cB** = measured straight around the metacarpus, in the level of the angle of the thumb.
- **cC** = circumference of the wrist at the carpus.
- **cC'** = at forearm, 6 cm proximally from the carpus.
- **cD** = proximal forearm circumference, if required.
- **cE** = approx. 2 cm below the elbow crease, if required.
- **cX** = particular circumference of the finger, measured in the wrinkle between the fingers.
- **cZ** = circumference of the finger, measured at the required end of finger stub; for closed fingers at the root of the nail.

If, despite wearing an ideal fitting compression glove, an oedema is appearing on the back of the hand, we recommend to insert a pressure pad.

![Diagram of finger measurements](image)

**Attention:**

**cX**-circumference of the thumb has to be measured above the basic joint of the thumb!

Further instructions on precise measuring can be found in the flyer “Tips for taking accurate measurements for compression gloves/sleeves”.

For the selection of the appropriate garment, we recommend the brochure Juzo® Expert Special-purpose medical garments.